

EYE - Eye Conditions

EYE-AP ANATOMY AND PHYSIOLOGY

OUTCOME: The patient and/or family will have a basic understanding of the anatomy and physiology of the eye and surrounding tissues as it relates to the specific eye condition.

STANDARDS:

1. Explain the normal anatomy and physiology of the eye.
2. Discuss the changes to the anatomy and physiology as a result of the specific eye condition.
3. Discuss the impact of these changes on the patient's vision and health.

EYE-C COMPLICATIONS

OUTCOME: The patient/family will understand the potential complications of their ocular condition.

STANDARDS:

1. Review the effects that this condition has on the patient's ocular status.
Emphasize the short/long-term effects and the degree of control that the patient has over the progression of the condition.
2. Discuss symptoms which may indicate progression of the condition.

EYE-DP DISEASE PROCESS

OUTCOME: The patient/family will understand their ocular condition.

STANDARDS:

1. Review the current information about the patient's specific condition.

EYE-FU FOLLOW-UP

OUTCOME: The patient and/or family will understand the importance of follow-up in the treatment of eye conditions.

STANDARDS:

1. Discuss the importance of follow-up care.
2. Discuss the procedure for obtaining follow-up appointments and that follow-up appointments should be kept.

3. Emphasize that full participation of the treatment plan is the responsibility of the patient/family.
4. Discuss signs/symptoms that should prompt immediate follow-up.
5. Discuss the availability of community resources and support services and refer as appropriate.

EYE-HM HOME MANAGEMENT

OUTCOME: The patient/family will understand the home management of their specific eye condition and make a plan for implementation.

STANDARDS:

1. Discuss the home management plan and methods for implementation of the plan.
2. Explain the importance of following a home management plan, e.g., fewer emergency room visits, fewer hospitalizations, and fewer complications.
3. Explain the use and care of any necessary home medical equipment.

EYE-L LITERATURE

OUTCOME: The patient/family will receive literature about eye conditions.

STANDARDS:

1. Give the patient/family literature about eye conditions.
2. Discuss the content of the information.

EYE-LA LIFESTYLE ADAPTATIONS

OUTCOME: The patient will strive to make the lifestyle adaptations necessary to prevent complications of the specific eye condition and improve overall health.

STANDARDS:

1. Review the lifestyle aspects/changes that the patient has control over: diet, exercise, safety and injury prevention, avoidance of high risk behaviors, and full participation with the treatment plan.
2. Emphasize that an important component in the treatment of the specific eye condition is the patient's adaptation to the treatment plan.
3. Review the community resources available to assist the patient in making lifestyle changes and make referrals as appropriate.

EYE-M MEDICATIONS

OUTCOME: The patient/family will understand the purpose, proper use, and expected outcomes of prescribed drug therapy.

STANDARDS:

1. Describe the name, strength, purpose, dosing directions, and storage of the medication.
2. Discuss the risks, benefits, and common or important side effects of the medication and follow up as appropriate.
3. Discuss any significant drug/drug, drug/food, and alcohol interactions, as appropriate.
4. Discuss the importance of keeping a list of all current prescriptions and over-the-counter medicines, vitamins, herbs, traditional remedies, and supplements. Encourage the patient to bring this list and pill bottles to appointments for medication reconciliation.

EYE-P PREVENTION

OUTCOME: The patient/family will understand that healthy lifestyle behaviors can reduce the risk of developing some eye conditions and complications.

STANDARDS:

1. List lifestyle habits that increase the risk for the onset or progression of the specific eye condition.
2. Identify behaviors that reduce the risk for the onset or progression of a specific eye condition, e.g., proper nutrition, safety and infection control practices.
3. Assist the patient in developing a plan for prevention of the specific eye condition.

EYE-PM PAIN MANAGEMENT

OUTCOME: The patient/family will understand the pain management techniques for this particular eye condition.

STANDARDS:

1. Explain that pain management is specific to the disease process of this particular diagnosis and patient and may be multifaceted. **Refer to PM.**
2. Explain that short term use of narcotics may be helpful in pain management as appropriate.
3. Discuss non-pharmacologic measures that may be helpful with pain control, e.g., warm or cool packs.

EYE-SCR SCREENING

OUTCOME: The patient/family will understand the screening device.

STANDARDS

1. Explain the screening device to be used.
2. Explain why the screening is being performed.
3. Discuss how the results of the screening will be used.
4. Emphasize the importance of follow-up care.

EYE-TE TESTS

OUTCOME: The patient/family will understand the test(s) to be performed, the potential risks, expected benefits, and the risks of non-testing.

STANDARDS:

1. Explain test(s) that have been ordered and method of collection.
2. Explain the necessity, benefits, and risks of test(s) to be performed. Explain any potential risk of refusal of recommended test(s).
3. Inform patient of any advance preparation and instructions for the test(s).
4. Explain that follow-up tests may be ordered based on the results.

EYE-TX TREATMENT

OUTCOME: The patient/family will understand the common and important risks, anticipated benefits, and anticipated progress of the condition.

STANDARDS:

1. Review the current information regarding the treatment of the condition with the patient/family.
2. Explain indications, benefits, and common or important risks of the proposed treatment.
3. Help the patient/family develop a treatment plan that will achieve the goal(s) of treatment.